

## **General Packing Lists**

## **Required for All Volunteers:**

	Sleeping bag <u>and</u> pillow
	Air mattress & pump, pad, or cot for sleeping on the floor
	Sweatshirt and windbreaker
	Long-sleeve shirts
	Short-sleeve shirts (should cover the shoulder for sun protection)
	Long pants; multiple pairs (jeans or canvas recommended)
	Shorts (keep length appropriate; mid-thigh is great)
	Socks and underwear (multiple pairs)
	Close-toed shoes (work or hiking boots recommended)
	Additional pair of shoes for wear at home site (water-safe shoes recommended)
	Wide-brim hat or baseball cap, bandana, and sunglasses (sun protection)
	Sunscreen <u>and</u> mosquito repellant
	Toiletries (including any necessary personal medication), washcloth, and carrying bag
	Bath/swim towel and swimsuit ( <u>microfiber towel</u> recommended for packing / fast drying)
	Backpack for personal items
	Reusable water bottle
Recommended:	
	Several masks for use indoors around community members as needed
	Comfortable clothes for afternoons after showering
	Bag to keep dirty clothes separate from clean ones
	Personal hand sanitizer, and sanitizing wipes
	Work gloves that fit the user (SSP has these for those unable to bring their own)
	Musical instruments (encouraged for songtime!)
	Camera (disposable or digital; youth phones are collected and stored)
	Journal and writing instrument
	Any desired reading, reflection, or devotional material
	Camping or hiking chair (we sit on the ground a lot)
	Adults: Phone charging bank and car charger (to supplement outlet charging)

## Garments at the Work Site:

- Closed-toed shoes must be worn at the work site; no sandals or open-toed shoes allowed.
- Long pants are more comfortable and protective. Work site clothing should be sturdy material.
- Wide-brim hats, baseball caps, and bandanas are useful for keeping cool and avoiding sunburn.
- Layers are recommended for weather changes throughout the day.